

NAVY MEDICINE ROUND-UP: PREVENTION IS CRITICAL TO READINESS

As Preventive Health Month comes to a close this August, we remain committed to keeping Sailors, Marines and their families, healthy, ready and on the job through prevention. Here are a few examples of preventive health initiatives in action across the Navy Medicine enterprise:

Preventive Health: Get Your Screenings

Preventive services and immunizations are your best defense against serious illness and preventable disease. The care team at Naval Hospital Jacksonville (our hospital and branch health clinics) stands ready to provide those services.



Lt. Allison Wessner, a pediatrician at Naval Hospital Jacksonville, conducts a check-up with a two-month-old and her mother. Parents should bring children in for a check-up in the first month of life, and at 2, 4, 6, 9, 12, 15 and 18 months of age, according to the American Academy of Pediatrics. Check-ups track growth and development, prevent illness with immunizations, and answer parents™ questions. (U.S. Navy photo by Jacob Sippel, Naval Hospital Jacksonville/Released).

Health Test Recommended for All Women Under Age 25

Most people who have chlamydia don't know it, since the disease often has no symptoms. Chlamydia is the most commonly reported sexually transmitted infection in the U.S. It's easily cured, but can cause problems if left untreated.



Lt. Cmdr. Brandi Epperson, a nurse practitioner in Naval Hospital Jacksonville's Family Medicine clinic, discusses sexual health with a patient. Chlamydia is the most common sexually transmitted infection in the U.S., and most people who have it don't know it. Women under age 25 (and older women with risk factors) need chlamydia testing every year. (U.S. Navy photo by Jacob Sippel, Naval Hospital Jacksonville/Released).

Navy Medicine East maintains readiness through prevention

August is Preventive Health Month, a time to emphasize the importance of maintaining healthy lifestyles, getting regular checkups, screenings and vaccinations.



Preventive Medicine Takes the Fight to Diseases

Preventing a medical condition before it has a chance to affect others is the goal of Naval Hospital Pensacola's Preventive Medicine Department.



Hospital Corpsman Second Class Jonathan Harris and Hospital Corpsman 3rd Class Patrick Andrade, both preventive medicine technicians at Naval Hospital Pensacola, test water samples for bacteria. Preventing a medical condition before it has a chance to affect others is the goal of Naval Hospital Pensacola™'s Preventive Medicine Department.